



# Make a Difference for moms and families in need.

Pregnancy Centers throughout New Hampshire are supporting moms and families in need. These centers rely on the generosity of those in their communities to continue their life-changing services. See the following list of Centers\* and their current needs and consider making a donation today! (Please call the number listed to arrange drop off of donations.)

————— [www.catholicnh.org/pilgrimsforlife](http://www.catholicnh.org/pilgrimsforlife) —————

Organization	City	Phone	Needs	Website
Aspire Pregnancy Center	Laconia	(603) 528-3121	onesies (0-3 mos.), girls winter clothes (3-6 mos., 2t) , gift cards (Walmart)	<a href="https://www.aspirelaconia.org/">https://www.aspirelaconia.org/</a>
Birthright of Derry	Derry	(603) 434-3000	diapers (sizes 3,4, & 5), wipes, children's clothing (girls, 9-24 mos., boys 9-24), gift cards (Walmart, amazon)	<a href="https://birthright.org/derry/">https://birthright.org/derry/</a>
Birthright of Manchester	Bedford	(603) 668-3443	diapers (sizes 5 & 6) and wipes	<a href="https://birthright.org/manchester/">https://birthright.org/manchester/</a>
Carenet Concord	Concord	(603) 224.7477	high chairs, clothing (boys & girls, 18 mos-2t), diapers (3,4, & 5)	<a href="https://carenetconcord.com/">https://carenetconcord.com/</a>
Haven Pregnancy Services	Plymouth	(603) 536-2111	Gift cards (Market Basket, Walmart, & Staples)	<a href="https://www.havenpregnancyservices.com/">https://www.havenpregnancyservices.com/</a>
Lighthouse Pregnancy Crisis Center	Center Ossipee	(603) 539-8001	check back soon	<a href="mailto:lighthousepcc@roadrunner.com">lighthousepcc@roadrunner.com</a>
New Generation	Greenland	(603) 436-4989	<a href="https://amzn.to/3pYdpKY">https://amzn.to/3pYdpKY</a>	<a href="https://www.newgennh.org/">https://www.newgennh.org/</a>
Options for Women, Rochester	Rochester	(603) 749-4441	check back soon	<a href="https://www.optionsnh.org/">https://www.optionsnh.org/</a>
Our Place	Manchester and Nashua	(603) 647-2244, 603-889-9431	diapers, wipes, outfits (2t, 3t, 4t, 5t, 6), Walmart gift cards, Similac Advance baby formula	<a href="https://www.cc-nh.org/programs/our-place/">https://www.cc-nh.org/programs/our-place/</a>
Pathways Pregnancy Center	Littleton	(603) 444-3991	check back soon	<a href="http://www.pathwayscarecenter.org/">http://www.pathwayscarecenter.org/</a>

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Pennacook Pregnancy Center	Manchester	(603) 206-5306	diapers and wipes, baby wash/shampoo, children's clothing (up to 4t), baby blankets and bedding, baby monitors	<a href="https://pennacookpregnancy.org/">https://pennacookpregnancy.org/</a>
Pregnancy Resource Center of the Monadnock Region	Keene	(603) 358-6460	winter clothing (nb, 6-12 mos.), pajamas (boys & girls, 6-12 mos.), diapers (4,5, & 6)	<a href="https://www.pregnancyresourcekeene.org/">https://www.pregnancyresourcekeene.org/</a>
Pregnancy Center of the Upper Valley	Claremont and W. Lebanon	(603) 542-4747, (603) 298-6123	diapers (3,4,5), outfits (boys or girls, n - 2t), gender-neutral homemade quilts, new car seats, baby furniture, maternity clothes (any size)	<a href="https://pc-uv.com/">https://pc-uv.com/</a>
Real Options Women's Center, Manchester	Manchester	(603) 623-1122	diapers (5, 6) & wipes	<a href="https://www.realoptionsnh.org/">https://www.realoptionsnh.org/</a>
Real Options Women's Center, Nashua	Nashua	(603) 883-1122	diapers, wipes, maternity clothing (any size), infant clothing for boys and girls, new baby equipment (e.g. baby monitors, swings, portable cribs, etc.), gently used technology for the center's office needs	<a href="https://www.realoptionsnh.org/">https://www.realoptionsnh.org/</a>
St. Gianna's Place	Londonderry	(603) 521-8440	gift cards (Amazon, Market Basket, Walmart)	<a href="https://stgiannasplace.org/">https://stgiannasplace.org/</a>
St. Mary's Bank Pregnancy Care Center	Manchester	(603) 663-6661	check back soon	<a href="https://www.catholicmedicalcenter.org/locations/pregnancy-care-center">https://www.catholicmedicalcenter.org/locations/pregnancy-care-center</a>

\*This list is for informational purposes only and is not intended to serve as a recommendation or endorsement of particular organizations. The Diocese of Manchester does not warrant or assume any responsibility for the advice, information, or services provided by the organizations listed on this flier. The Diocese of Manchester does not endorse or condone any information given by the organizations that is contrary to Catholic teaching.