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### **PRESENTATION TITLE:**

Marriage Enrichment for the Devout: How to Grow in Holiness through Marriage

### **LENGTH:**

60 minutes

### **OBJECTIVE:**

Devout couples are sometimes at a loss for marriage enrichment. This talk aims to help them achieve a more perfect love for each other, their family, and God, by incorporating the virtues of poverty, chastity, and obedience into their life. This presentation will help them fall deeper in love with Christ, their spouse, and children.

### **BIG IDEA:**

The goal is to equip couples to integrate the evangelical counsels—poverty, chastity, and obedience—into the married life. Emphasizing that these counsels are not exclusive to religious vocations, the presentation highlights how embracing simplicity, self-discipline, and mutual submission can deepen the spiritual dimension of marital relationships. The presentation encourages couples to cultivate a shared commitment to living a life of generosity, fidelity, and cooperation, which fosters a stronger bond grounded in faith. By applying these counsels within the context of marriage, couples are inspired to navigate challenges with humility, selflessness, and a shared sense of purpose, which ultimately promotes a more Christ-centered union.

### **MAJOR POINTS COVERED:**

1. Evangelical counsels help marriages.
2. Embracing marital poverty is not just about material poverty.
3. Marital chastity is a core virtue of communication.
4. Obedience to the church is not just for priests and religious.
5. Grow in humility with a shared sense of purpose.

### **REFERENCES OTHER THAN SCRIPTURE and CATECHISM:**

*Verbi Sponsa* (Consecrated to Christ), *Perfectae Caritatis* (Perfect Charity), *Familiaris Consortio* (Fellowship of the Family), *Amoris Laetitia* (Joy of Love), *Casti Connubii* (Of Chaste Wedlock), Theology of the Body, Compendium of the Social Doctrine of the Church