



At CMC's Women's Wellness & Fertility Center, you are the most important member of your care team! Our spa-like setting and compassionate staff create an environment for family-centered, holistic obstetric and gynecologic care grounded in alternative, evidence-based medical practices including NaProTECHNOLOGY.

Our providers all follow the Ethical and Religious Directives for Catholic Health Care Services. Here, you will find a different approach to women's care.



Sarah Bascle, MD is a
Natural Family Planning
Medical Consultant trained in
NaProTECHNOLOGY. She
earned her medical degree
from Tulane University School
of Medicine and completed
her residency program
through Phoenix Integrated
Residency in Obstetrics and

Gynecology. There, she was trained in minimally invasive gynecologic surgery, including the robotic-assisted da Vinci® Surgical System. She is fluent in Spanish and is a member of the American College of Obstetrics and Gynecology and the Catholic Medical Association.

NaProTECHNOLOGYCare in line with your beliefs

At the Women's Wellness & Fertility Center, you'll receive effective, comprehensive women's health in line with your religious beliefs.

NaProTECHNOLOGY, or natural procreative technology, is accepted by the Catholic Church as a way of managing fertility. This approach pairs with the Creighton Model Fertility Care™ System and successfully treats the underlying causes of gynecological and reproductive conditions, avoiding the use of artificial hormones and devices.



88 McGregor Street Manchester NH cmc-womenswellness.org 603.314.7595