



A bit about Consecration to the Holy Family of Nazareth

Maybe you've heard of consecration to the Sacred Heart of Jesus, Marian Consecration, or more recently, consecration to St. Joseph. Why might you benefit from another act of consecration, to the Holy Family of Nazareth?

During their earthly lives, the Holy Family experienced great joy and endured great suffering. They were faithful and obedient to God in all things, and their loving collaboration of family life was a foundation stone under Christ's mission of salvation. We can be sure that their collaboration continues in heaven. Jesus, Mary, and Joseph pray for us that we may live after their example.

We turn to the Holy Family of Nazareth because they know family life and, with Jesus in their midst, they are particularly powerful intercessors.

Prayer is any expression of our relationship with God,¹ but what is a prayer of consecration?

The Catholic Encyclopedia describes consecration as “an act by which a thing is separated from a common ... to a sacred use, or by which a person or thing is dedicated to the service and worship of God” and “become the subjects or the instruments of Divine protection.”²

By saying a prayer of consecration to the Holy Family, we express a special devotion to Christ in relation to His mother, Mary, and His adoptive father, Joseph. We commit to turn to them regularly and trust in their assistance.

1. *The Catechism of the Catholic Church*, no. 2558.
2. <https://www.newadvent.org/cathen/04276a.htm>

