

# Lesson Plan #1

Primary Grades (K-2)

## Length of LESSON

Approximately 45 minutes.

## Objectives & Outcomes

This lesson is intended to be used with the video *That's Really Not OK*. The purpose of this video is to teach children the appropriate way to handle situations involving bullying. The following lesson is meant to be used *after* the video has been shown to students. The lesson will help to emphasize key points.

## Materials Needed

- Paper to be used to make a banner
- String
- Markers, crayons and/or pencils
- Class Promise poster(s)
- Blank Poster papers (for optional activity)

## Vocabulary

- Bullying (age appropriate definition)
- Impact
- Response

# PROCEDURE

## Lesson Opening

Sit together as a classroom community. Introduce the following discussion starters and allow students to share their thoughts and understanding. Ask probing questions and justifications for student responses in order to better understand child point of view.

*Discussion starters:* What does bullying look like? Why do some people choose to bully others? How can our actions and response to bullying impact others?

## Lesson Body

In younger grades it is important to emphasize a respectful and caring classroom community. Work together to create a classroom banner. Each student can make one section of paper bunting - sharing ideas about how to treat other classmates with respect and kindness. Students can draw, color, and write. Use string and a hole punch to connect all of the pieces of paper together. Display the banner in the classroom and refer back to it throughout the week. Play the video/song while kids work to emphasize the lessons in the video.

*Optional Activity:* Play the video again allowing students to practice the dance movements and choreography that goes with the video.

## Lesson Closing

Remind students that they have the power to tell someone, *"That's Really Not OK."* Sign the Class Promise poster. The Class Promise poster reminds students of their own responsibilities when they witness bullying and how best to handle any given situation. For an additional activity students could make their own posters or advertisements letting students know what to do when witnessing a bullying situation.